

WHAT TO EXPECT FAMILY CAMP

Schedule

We've posted a typical day's schedule online for our programs at <https://cyo.camp/faqs/>. On the website you can also find a packing list in the Parent Handbook. Family camp will focus on family programming and doing "traditional" camp activities. We have designed the schedule to be a blend of prayer, high energy and more reflective camp activities, social time, big group activities and quiet rest time. You and your family can pick and choose activities a la carte style. A highlight of the weekend for families is often the mass where we sing kid friendly music and family campers participate as readers, gift bearers, and servers.

Staff

The majority of our staff is comprised of young adults who are guided by leadership staff and camp directors who have extensive experience working with kids and teens. These staff members come from a variety of backgrounds and serve as role models in faith, personal growth, and fun. They enjoy working with kids. Every staff member completes an extensive screening process and background check. An intensive training, including Virtus Protecting God's Children, is completed prior to working with kids that covers everything from health care to child and adolescent development. CYO staff are always available to assist the families with any needs that arise.

Meals at Camp

Nutritious meals are served family style three times a day and an afternoon snack is provided. Our camps are **peanut and nut free** to help accommodate the growing number of peanut allergies. Any special dietary needs must be indicated on the health form. If you have any dietary concerns please feel free to contact our food service manager Danny by phone, 425-333-6135, or email daniel.grasseschi@seattlearch.org.

Health Care at Camp

All prescription and over the counter medications are the responsibility of the families including vitamins. Please have any medications in their original container and keep them locked while at camp. We provide first aid as needed.

Camp Telephone

Please know that there is only one line used in camp and if you call – it should be for emergencies or questions about camp.

Don Bosco: 425-333-6135 Camp Hamilton: 360-863-1525

Visitor Policy

Visitors are not permitted at camp during family camp.